

YR	PHYSICAL EDUCATION
PP	<p><b>Movement and Physical Activity – Learning through Movement</b>                      Cooperation with others when participating in physical activities, including partners, small groups and whole class (<a href="#">ACPMP012</a>)</p> <p><b>Moving our Body</b>                      Locomotor skills: run, jump (two foot), hop, gallop (<a href="#">ACPMP008</a>)</p>
1	<p><b>Movement and Physical Activity – Learning through Movement</b>                      Cooperation skills in partner and group work during physical activity practices (<a href="#">ACPMP030</a>)                      Alternative ways in which tasks can be performed when solving movement challenges (<a href="#">ACPMP031</a>)</p> <p><b>Moving our Body</b>                      Locomotor skills: jump (one foot), dodge, skip (<a href="#">ACPMP025</a>)</p>
2	<p><b>Movement and Physical Activity – Understanding Movement</b>                      Positive responses to physical activity, such as a feeling of wellbeing (<a href="#">ACPMP028</a>)</p> <p><b>Learning through Movement</b>                      Positive choices when participating in group activities (<a href="#">ACPMP030</a>)</p>
3/4	<p><b>Movement and Physical Activity – Understanding Movement</b>                      Benefits of regular physical activity and physical fitness to health and wellbeing (<a href="#">ACPMP046</a>)                      Movement skills that combine the elements of effort, space, time, objects and people (<a href="#">ACPMP047</a>)</p> <p><b>Learning through Movement</b>                      Cooperation skills to ensure everyone is included in all physical activities (<a href="#">ACPMP048</a>)</p>
5	<p><b>Movement and Physical Activity - Moving our Body</b>                      Basic strategies and tactics to successfully achieve a movement outcome or goal: body awareness/ spatial awareness / relationship to and with objects, people and space (<a href="#">ACPMP063</a>)</p> <p><b>Understanding Movement</b>                      Benefits of regular physical activity and physical fitness to physical, mental and emotional wellbeing (<a href="#">ACPMP064</a>)                      Manipulation and modification of the elements of effort, space, time, objects and people, and their effect on movement skills (<a href="#">ACPMP065</a>)</p>
6	<p><b>Movement and Physical Activity – Understanding Movement</b>                      Benefits of regular physical activity and physical fitness to health and wellbeing (<a href="#">ACPMP064</a>)                      The manipulation and modification of the elements of effort, space, time, objects and people, and their effects on movement skills (<a href="#">ACPMP065</a>)</p> <p><b>Learning through Movement</b>                      Interpersonal skills in physical activities, such as: encouragement of others/ negotiation and sharing roles and responsibilities/ dealing with conflicts and disagreements (<a href="#">ACPMP067</a>)</p>
7	<p><b>Movement and Physical Activity - Moving our Body</b>                      Movement skills and sequences within different physical activity contexts and settings (<a href="#">ACPMP080</a>)</p> <p><b>Understanding Movement</b>                      Ways in which physical activities improve elements of health and fitness (<a href="#">ACPMP083</a>)</p> <p><b>Learning through Movement</b>                      Communication skills that support and enhance team cohesion, such as body language and listening skills (<a href="#">ACPMP088</a>)</p>

8	<p><b>Movement and Physical Activity - Moving our Body</b>  Movement skills and sequences within different physical activity contexts with a focus on: increased accuracy and efficiency in skill performance/ control of balance and stability (<u>ACPMP080</u>)</p> <p><b>Understanding Movement</b>  Description of movement using basic terms referring to: linear motion/ angular motion/ general motion (<u>ACPMP084</u>)</p> <p><b>Learning through Movement</b>  Selection and justification of responses selected to solve movement challenges (<u>ACPMP087</u>)</p>
9	<p><b>Movement and Physical Activity - Moving our Body</b>  Movement skills and sequences within different physical activity contexts reflecting: increased speed and accuracy/ increased complexity (<u>ACPMP099</u>; <u>ACPMP100</u>)</p> <p><b>Understanding Movement</b>  Description of movement using basic kinematic and kinetic terms, such as: projectile motion/ summation of forces (<u>ACPMP103</u>)</p> <p><b>Learning through Movement</b>  Skills and strategies for effective leadership, including teamwork and motivation (<u>ACPMP105</u>)</p>
10	<p><b>Movement and Physical Activity - Moving our Body</b>  Movement skills and sequences within different physical activity contexts reflecting: increased complexity/ transference of learned skills to new activities (<u>ACPMP099</u>)</p> <p><b>Understanding Movement</b>  Analysis of impact of changes to effort, space and time on performance and quality of outcome (<u>ACPMP103</u>)</p> <p><b>Learning through Movement</b>  Skills and strategies to improve team performance, such as: motivation/ team-work/ leadership (<u>ACPMP106</u>)</p>
11/12	<p><b>Outcome 1 – Skills for physical activity</b>  Students apply decision making, movement and tactical skills to enhance participation in physical activity</p> <p><b>Outcome 2 – Self-management and interpersonal skills for physical activity</b>  Students apply self-management and interpersonal skills to enhance participation in physical activity</p>